

Behavior specific praise

A HOW-TO GUIDE



Children LOVE

attention.

Therefore, it is VERY important to give attention to behaviors that we LIKE and want to see happening MORE often.



Try to CATCH YOUR CHILD BEING GOOD as often as you can and reinforce that behavior using BEHAVIOR SPECIFIC PRAISE.



BEHAVIOR SPECIFIC PRAISE involves clearly stating what you like about your child's behavior.



REMEMBER: Praise is most effective when it is given 4x more often than a corrective statement.



Instead of saying "Good job!"

Say "Good job! I like the way you cleaned your room."

