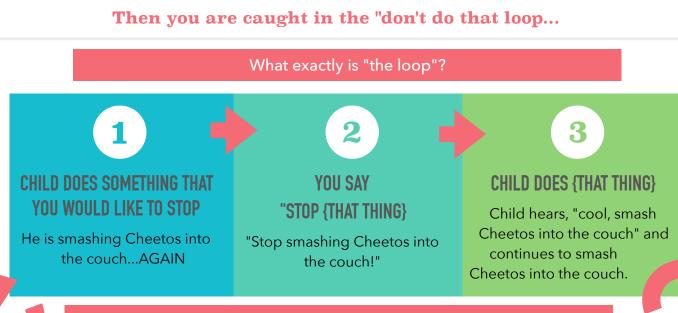
The DON'T DO THAT LOOP

Is your child's new favorite hobby doing something wild? Do you find yourself repeating things along the lines of "don't put that in your mouth!" Or "stop doing that to the dog?!"



LATHER, RINSE, REPEAT, RIP OUT HAIR

How to get out of the loop:

SPECIFY WHAT YOU WANT THEM TO DO

"Hey buddy, let's eat those Cheetos, or you can put them in this cool bowl here."

HELP THEM ACCOMPLISH THE Thing you want

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"Looks like I can help, here let's take big bites!" :::They're done::: "OK! Let's put in!" **OF IT** "WOW! You did an AMAZING job eating all those Cheetos! And

REINFORCE THE DAYLIGHTS OUT

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eating all those Cheetos! And you put the rest in the bowl, way to go!!" Tickles for days.

THE KEY: <u>CONSISTENCY!</u> EVERYONE MUST RESPOND TO AND REINFORCE THE BEHAVIOR IN THE SAME WAY, or else your little friend WILL find the weakest link...so however you agree to respond make sure its across the board with all parties involved! (That means you too, grandma!)

Keep your eyes peeled for more info... Behavior management Tips, Prompting 101 and more!