

What is

Social Distancing?

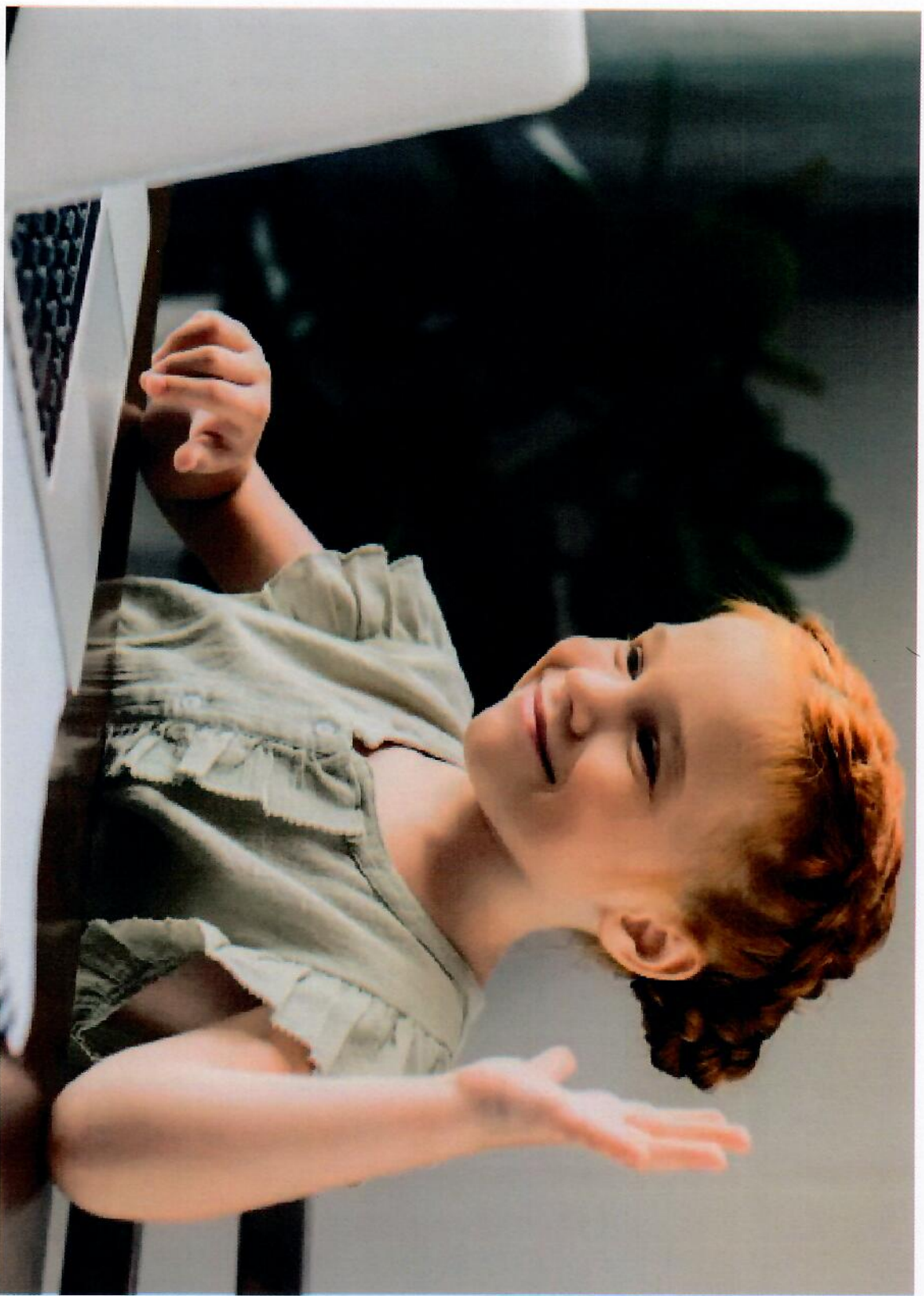




**I'm wondering what social distancing means?  
I've been hearing it a lot!**



**Social distancing means keeping extra space between myself and other people.**



**But it doesn't mean I can't be social and talk to my friends! It's just in a different way now.**



6 feet



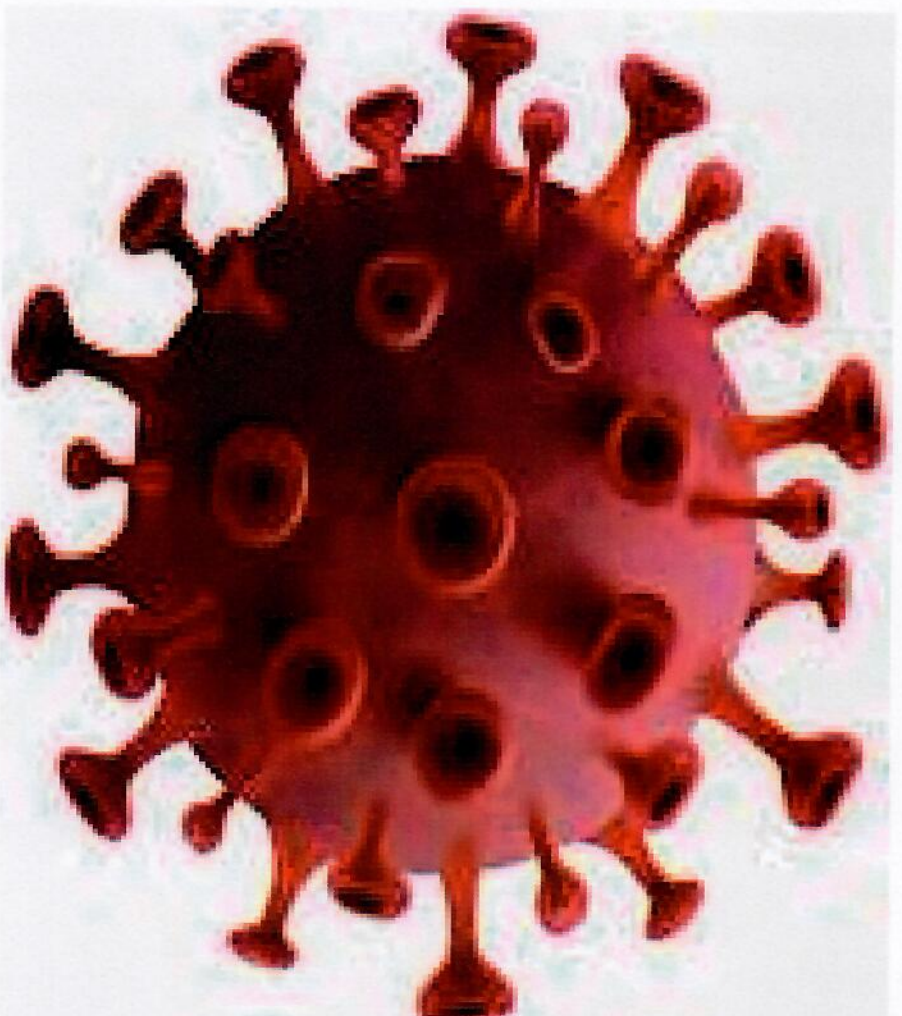
**Social distancing is more like physical distancing.  
I need to keep my body 6 feet away from other  
people's bodies.**



**This may happen at a store, the doctor's office or other places where there are other people.**



***It's usually okay to be close to my parents and family. My parents will tell me who I can be physically close to.***



**The reason we need to have social distancing is because of a germ called COVID-19. This virus can make people sick. Social distancing can help so we don't get sick.**





**When COVID-19 is gone, we will be able to be physically closer to other people again!**